

**PRESS & MEDIA KIT**

THE  
SPIRIT OF LIFE  
IN IBIZA  
PODCAST

**[www.thespiritoflifeinibiza.com](http://www.thespiritoflifeinibiza.com)**

# Niaby Codd Podcast Press and Media Kit

Please use the text and media provided on this page for any mentions or promotion of my podcast show and book. Link back to my home page [www.thespiritoflifeinibiza.com](http://www.thespiritoflifeinibiza.com)

## The Podcast Show

THE SPIRIT OF LIFE IN IBIZA is a free podcast which hopes to inspire people to think, feel and see for themselves, in a world that has tried to manipulate all that we think we know and all that we think we believe.

Throughout this podcast series, Niaby and her guests chew the fat to try to deconstruct some of the core beliefs of society that no longer serve us.

We are now on the epicentre of the hugest shift that has ever been seen on our planet. THE SPIRIT OF LIFE IN IBIZA podcast seeks to guide man through this shift by helping him to connect with his own gifts, his own wisdom and his own inner knowing and power.

To do this, we must first recognise all that has kept us from knowing our true power and all that has kept us from seeing our true reality. This won't be an easy journey but 'know the truth and the truth will set you free...'

### About the Spirit of Life in Ibiza host

Niaby is an ex stock broker who saw the light in the darkest hour of poor health and recognised the call of her soul to walk a different path.

That path has led her to be of service to spirit as she gently brings through words of wisdom from a higher source. Both a healer and a spiritual medium, she hopes to inspire people to find the power to heal themselves, so in turn, they too can inspire others to do the same.

As well as being the host of THE SPIRIT OF LIFE IN IBIZA podcast, Niaby is also the author of the channelled book THE SPIRIT OF LIFE.

Niaby hopes to gently inspire consciousness in others, not by telling them how to think, but rather by provoking thoughts in people that may not have been previously provoked, then allowing the seed of consciousness to grow.



## Why Ibiza?

Niaby now lives across Ibiza and London, having listened to the calling of her heart to connect her own magic with the magic of the white isle.

Magic has certainly been in abundance for Niaby since partially moving to Ibiza, as she has connected with many people on the island, fully in the power of their own magic and ready to share their beautiful gifts with the world. This led her to set up THE SPIRIT OF LIFE IN IBIZA podcast, in order to share some of the power of this magical island and its inhabitants with the rest of the world.

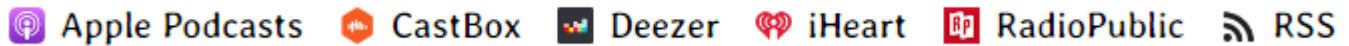
Niaby has no doubt that as the world changes, as it now undoubtedly will, all eyes will be on Ibiza, as it becomes one of the first places to transcend itself into the whole new world that we can now collectively create, as a result of the Great Awakening that is currently taking place.

To learn more about the Great Awakening, check out episodes one and two of series 2 on the [podcast page](#):

- Episode 1: A whole new world: Love not fear
- Episode 2: A whole new world: Dark night of the soul

## How to listen to the Spirit of Life podcast

The show can be listened to directly from the website on the [Podcast](#) page, as well as subscribed and listened to on most podcast platforms, such as itunes, spotify and castbox.

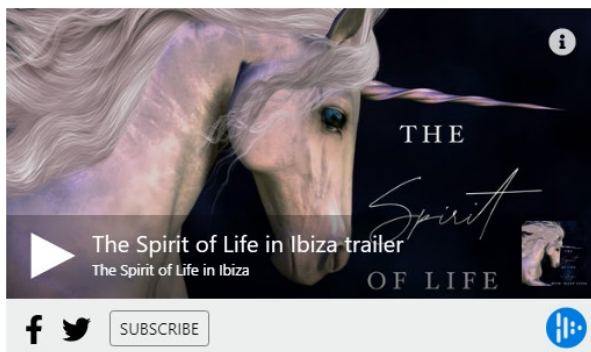


## Links to each podcast service

- Apple <https://podcasts.apple.com/us/podcast/the-spirit-of-life-in-ibiza/id1486370144?uo=4>
- Castbox <https://castbox.fm/channel/id2447978>
- Deezer <http://www.deezer.com/show/872362>
- iHeart <http://www.iheart.com/podcast/270-The-Spirit-of-Life-in-Ibiz-58285278>
- RadioPublic <https://radiopublic.com/the-spirit-of-life-in-ibiza-WkaMpm>
- RSS <https://audioboom.com/channels/5010379.rss>

## Podcast Previews and Embedding

If you would like to embed podcast episodes you can do this from the audioboom website for the channel. The trailer is shown below with the way it looks and play as embedded, along with the code that you would copy/paste into your website. For more examples please go to <https://thespiritoflifeinibiza.com/podcast-press-kit/>



```
<iframe width="100%" height="300"
src="https://embeds.audioboom.com/post
s/7415176/embed/v4?image_option=full"
style="background-color:transparent;
display:block; padding: 0; max-
width:700px;" frameborder="0"
allowtransparency="allowtransparency"
scrolling="no" title="Audioboom
player" allow="autoplay"></iframe>
```

## Returning Podcast Guests

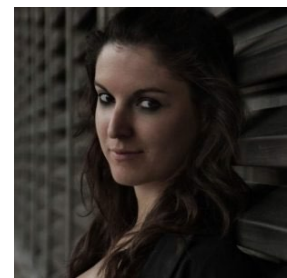
Niaby invites an array of different guests onto her show but also has three returning guests who, through their deep wisdom and understanding, help to take the show deeper into some of the subjects that are discussed. Both the journey into self and the journey into consciousness can be likened to peeling back layers of an onion – we must peel back one layer at a time before we can be comfortable enough in our understanding to be able to pull back the next layer and the next after that. This show looks to gently deepen the listeners understanding by peeling back those layers of the onion, whilst allowing the listener to feel safe and supported whilst doing so. [Click for bios and up-to-date quotes of what people are saying about The Spirit of Life in Ibiza Podcast.](#)



Lena Sofie



Victoria Sinclair



Alex Mill